**Back To School Checklist**

**CHILD’S NAME:** ____________________________  **FIRST DAY OF SCHOOL:** ____________________________

**SCHOOL’S INFORMATION:** ____________________________________________________________

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### 8 Weeks Before:
- Schedule doctor’s appointments for annual physicals & immunization updates
- Refill any prescriptions needed
- Sign-up for fall sports & activities

### 6 Weeks Before:
- Clean out closets & donate clothes that are outgrown
- Keep an eye out for school supplies & back to school sales
- Review smartphone/tablet/laptop needs for school year
- Frame last year’s favorite artwork
- Check-in on summer reading & essay assignments

### 4 Weeks Before:
- Check school website for supplies list
- Buy new school clothes (basics, uniform, shoes, athletic wear)
- Buy back to school supplies (backpacks, lunch box, water bottle, stationary, etc.)
- Purchase protective cases for smartphone/tablet/laptops as needed
- Renew subscription for [parental control software](www.netnanny.com)

### 1 Week Before:
- Organize homework location free from distractions
- If paying for lunch at school, load money onto child’s account
- Stock up on lunch supplies, drinks & non-perishable snacks
- Start school year bedtime routine
- Plan first week of meals
- Plan first week of outfits

### 1-2 Days Before:
- Grocery shop for fresh fruits, veggies and meats
- Lay out clothes for first day of school
- Pack backpack with supplies for first day of school
- Charge electronics for first day of school photos

### Day Of:
- Take first day of school photos
- Write note for lunch bags

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**Update Family Media Contract** and discuss with all family members

**Update Social Media Contract** and discuss with tweens and teens

Schedule haircut appointments

Plan carpool/pick-up and drop-off routines

Schedule babysitters or after school care

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