

# Social Media Contract

## For Tweens & Teens

Social media is a fun way to stay connected with friends and family. We want you to be safe and have fun while using it, so please see the ground rules.

Social Media Sites Allowed: \_\_\_\_\_

Passwords: \_\_\_\_\_

### You Agree To:

- Only use social media sites/apps that are approved.
- Use social media between the hours of \_\_\_\_\_ and \_\_\_\_\_ only.  
\_\_\_\_\_ rooms are off-limits for using my device & social media use.
- Ask permission before purchasing anything online.
- Charge my device overnight in \_\_\_\_\_.
- Not use my device during breakfast, lunch or dinner.
- Not share any personal information without approval.
- Not share photos of myself or others that I wouldn't want the world to see.
- Be kind when interacting online. Cyberbullying is strictly forbidden.
- Tell us if you feel uncomfortable by anything you see online.
- Use your best judgment when accepting friend requests, group chats or direct messages.
- Turn off location tagging when posting to social media (unless approved) & will only "check-in" to places if accompanied by a trusted adult.
- Take care of my devices by keeping it clean and safe.

### We Agree To:

- Purchase a case and screen protector for the devices, if needed.
- Review all privacy settings for social media sites/app accounts.
- Review & research all social media sites/apps before approval.
- Keep all passwords.
- Teach good social media etiquette and lead by example.

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\_\_\_\_\_  
(Parent/Guardian Signature)

\_\_\_\_\_  
(Teen Signature)